

February 21, 2021
Pastor Rebecca Stringer



Clearing a Way: *from wilderness to holy ground* “Into the Wilderness”

Mark 1:12-13

12 The Spirit immediately drove Jesus out into the wilderness. 13 He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.”

In your wilderness you can expect:

1. _____
2. _____
3. _____

Reflection Questions:

- Think about a time that felt like a wilderness experience for you. What was that like?
- What were some of the temptations you experienced there? Did any “wild beasts” appear as you discovered parts of yourself that had been previously unknown?
- Who (or what) might serve as God’s angels to help you?

Daily Activity– “into the wilderness”

1. Ask Holy Spirit to reveal your wilderness. Pray for God’s leading and protection there.
2. After praying, sit in quiet for 10 minutes. (Using a timer helps so you’re not always looking at your watch/phone).
3. Pay attention in that 10 minutes of silence to what surfaces. Note where you feel out of control, overwhelmed, blocked, perhaps where there is inner chaos or wildness. No judgment. Just observe and take notes. We’ll talk later on how to handle temptations & wild beasts that arise. For now accept they are part of the wilderness you are entering with God.
4. Thank God for leading you and for the time spent together as you go into the rest of your day!